

**SET GOALS, NOT LIMITS 5K RESULTS**

**JULY 5, 2008**

**Results: Running Zone, Inc. (info@runningzone.com)**

<b>Age Group</b>	<b>Name</b>	<b>Age</b>	<b>HomeTown</b>	<b>Bib #</b>	<b>Avg/Mile</b>	<b>Time</b>
Womens' Results:						
Overall Female						
1	Jessica Stern	19	Melbourne, FL	546	6:02	18:47.18
2	Juliana Stern	17	Melbourne, FL	544	6:07	19:01.81
3	Melissa Jones	16	Rockledge, FL	513	6:12	19:18.02
Masters Female						
1	Linda Cowert	45	Cocoa, FL	352	7:07	22:07.57
1 to 11						
1	Emily Chapman	11	W. Melbourne, FL	428	7:38	23:45.53
2	Kai Whitney	11	Melbourne, FL	373	8:37	26:48.03
3	Sydney Smith	9	Melbourne, FL	491	10:30	32:38.83
4	Mary Lowe	10	Melbourne, FL	485	11:29	35:41.15
5	Gabrielle Downey	11	Melbourne, FL	478	11:34	35:56.18
6	Sabrina Smith	10	Unknown, NA	553	11:44	36:29.99
12 to 14						
1	Sarah Day	13	Melbourne, FL	435	7:10	22:18.63
2	Brianna Wahy	13	Melbourne, FL	405	7:18	22:41.25
3	Holly Wooley	12	Palm Bay, FL	409	7:42	23:58.55
4	Dana Slomins	14	Melbourne, FL	447	7:44	24:03.55
5	Kelsie Dunn	14	Palm Bay, FL	470	7:54	24:35.00
6	Allyson Jones	13	Rockledge, FL	397	8:03	25:02.45
7	Lesley McNamara	13	Melbourne, FL	371	8:38	26:49.18
8	Cynthia Ballou	14	Unknown, NA	548	8:49	27:24.42
9	Sarah Nickloy	14	Rockledge, FL	505	9:35	29:48.24
15 to 19						
1	Teresa Ristow	15	Unknown, NA	496	6:21	19:46.30

2	Teresa Huff	15	Titusville, FL	429	6:45	21:00.61
3	Allison Shockley	16	W. Melbourne, FL	353	6:45	21:00.86
4	Deanna Leafman	18	Palm Bay, FL	490	6:48	21:08.42
5	Elizabeth Green	16	Rockledge, FL	423	6:49	21:12.76
6	Stephanie Bird	17	Rockledge, FL	392	6:54	21:26.30
7	Lori Frazier	15	Vero Beach, FL	474	7:08	22:11.73
8	Katie Norris	16	Titusville, FL	400	7:23	22:56.68
9	Erica Halvarson	15	Titusville, FL	441	7:23	22:59.63
10	Lesley Pepin	19	Unknown, NA	504	7:34	23:33.73
11	Katie Heller	15	Indialantic, FL	451	7:38	23:43.52
12	Brittany Patton	17	Port St. John, FL	401	7:39	23:48.84
13	Katie Trout	16	Unknown, NA	508	7:47	24:12.04
14	Katie Nettuno	16	Titusville, FL	471	7:54	24:34.72
15	Vanessa Pepin	16	Melbourne Beach, FL	480	8:25	26:09.65
16	Kayla Drawdy	17	Palm Bay, FL	420	8:43	27:07.61
17	Caitlin Jones	16	Port St. John, FL	436	8:54	27:40.95
18	Stephanie Miller	16	Melbourne, FL	487	10:30	32:39.70
20 to 29						
1	Brittany Owens	20	Unknown, NA	564	6:24	19:54.18
2	Carolyn Horst	22	Palm Bay, FL	388	6:26	19:59.26
3	Lindsay Graham	22	Palm Bay, FL	368	7:23	22:57.17
4	Shannon Buchanau	27	Melbourne, FL	475	8:50	27:29.97
5	Kimberly Weirich	25	Unknown, NA	552	9:01	28:01.21
6	Maegan Watson	23	Melbourne, FL	418	9:25	29:15.98
7	Laura Stark	24	Unknown, NA	532	10:38	33:03.99
8	Carrie Dier	21	Unknown, NA	530	11:34	35:58.58
30 to 39						
1	Devra Fain	37	Unknown, NA	538	7:24	23:00.85
2	Julie Hannah	34	Palm Bay, FL	398	7:31	23:23.40
3	Paola Shenbaum	36	Melbourne, FL	550	7:57	24:42.62
4	Marah Rodriguez	31	Unknown, NA	542	8:06	25:11.47
5	Charlotte McClure	36	Rockledge, FL	380	8:31	26:29.36
6	Bettina Rodarte	36	Unknown, NA	567	8:58	27:53.70
7	Kimberly Frey	34	Palm Bay, FL	376	9:03	28:08.59
8	Donna Davis	30	W. Melbourne, FL	446	9:08	28:25.69
9	Michelle Kilpatrick	34	Melbourne, FL	440	9:24	29:13.66
10	Stephanie Rasbach	39	Melbourne, FL	432	9:28	29:25.95
11	Jennifer Devich	31	Melbourne, FL	469	9:36	29:50.60

12	Lauren Carlough	33	Satellite Beach, FL	425	9:37	29:55.91
13	Anne Ramsey	39	Indialantic, FL	381	10:48	33:33.65
14	Yvette Jarrell	31	Melbourne, FL	463	11:49	36:44.91
15	Tina Shantz-Gross	38	Melbourne, FL	364	12:01	37:21.94
40 to 49						
1	Pam Meier	44	Rockledge, FL	404	7:12	22:22.90
2	Mary Wills	49	Cape Canaveral, FL	540	7:47	24:11.04
3	Debbie Nowlin	40	Unknown, NA	563	8:10	25:24.56
4	LeaAnne Richard	41	Melbourne, FL	434	8:14	25:35.77
5	Kelly Hunter	42	Melbourne, FL	359	8:46	27:16.58
6	Angie Brammer	45	Malabar, FL	424	8:48	27:21.66
7	Maria Huff	42	Titusville, FL	430	9:19	28:57.16
8	Fiona Wright	45	Palm Bay, FL	561	9:24	29:12.21
9	Mary Dier	46	Satellite Beach, FL	449	9:27	29:23.98
10	Karen Sanchez	49	Rockledge, FL	466	9:33	29:40.10
11	Amy Roush	46	Rockledge, FL	462	9:38	29:57.28
12	Janet Nickloy	47	Rockledge, FL	506	9:39	30:00.65
13	Karen Shamlin	45	Merritt Island, FL	499	9:44	30:17.65
14	Joy Drawdy	47	Palm Bay, FL	421	10:02	31:10.78
15	Tammy Castagnaro	42	Melbourne, FL	493	10:05	31:22.15
16	Tamara Hamilton	45	Unknown, NA	525	10:13	31:45.07
17	Barbara Jones	44	Satellite Beach, FL	460	10:15	31:52.99
18	Kim Robertson	45	Melbourne, FL	437	10:17	31:58.19
19	Brenda Boyle	49	Unknown, NA	511	10:18	32:01.41
20	Tracy Riazzi	45	Unknown, NA	527	10:22	32:14.32
21	Denise Miller	40	Melbourne, FL	488	10:32	32:46.06
22	Cathy Chapman	45	Melbourne, FL	461	10:56	33:59.38
23	Phyllis Lowe	43	Melbourne, FL	484	11:07	34:33.71
24	Laura White	45	Unknown, NA	528	11:24	35:26.86
25	Stephanie Wooley	41	Palm Bay, FL	410	11:41	36:20.07
26	Noel Downey	43	Unknown, NA	516	12:15	38:06.72
27	Susan Hohne	48	Unknown, NA	559	12:16	38:09.48
28	Rose Bishop	48	Palm Bay, FL	482	15:50	49:13.05
50 +						
1	Annis Halvarson	50	Titusville, FL	442	7:41	23:52.79
2	Anne Doerflein	56	W. Melbourne, FL	427	8:13	25:34.21
3	Regina Hayden	51	Titusville, FL	356	8:28	26:20.31
4	Suzy Biery	52	Cocoa Beach, FL	426	8:45	27:11.73

5	Carol Kuell	52	Melbourne Beach, FL	415	9:15	28:45.35
6	Melanie Delman	51	W. Melbourne, FL	501	9:26	29:21.14
7	Jackie Watson	50	Melbourne, FL	419	10:22	32:15.45
8	Christina Pepin	53	Melbourne Beach, FL	479	10:48	33:35.86
9	Claire Keneally	52	Unknown, NA	565	11:04	34:23.72
10	Paula Panton	55	Melbourne Beach, FL	495	11:50	36:47.32
11	Dalys Dunn	51	Melbourne, FL	412	12:16	38:08.28
<b>Mens' Results:</b>						
Overall Male						
1	Kyle Cooke	18	Melbourne, FL	416	5:12	16:10.25
2	Chris Rego	19	Melbourne, FL	365	5:16	16:23.49
3	Kyle Butler	19	Melbourne, FL	393	5:19	16:32.51
Masters Male						
1	Sean Black	40	Melbourne, FL	562	5:57	18:30.23
1 to 11						
1	Keaton Robb	9	Melbourne, FL	411	7:46	24:10.64
2	Bryce Wahy	8	Melbourne, FL	406	7:56	24:41.83
3	Michael Shenbaum	6	Unknown, NA	549	10:23	32:17.08
4	Sterling Schantz	11	Melbourne, FL	362	10:51	33:43.20
12 to 14						
1	Joey Castagnaro	14	Melbourne, FL	494	5:27	16:58.17
2	Alex Hoffman	14	Malabar, FL	433	6:26	20:01.88
3	Brandon Holst	13	Cocoa Beach, FL	414	6:38	20:39.03
4	Josiah Britton	14	Unknown, NA	503	7:00	21:46.56
5	Hunter Colvin	14	Titusville, FL	444	7:33	23:29.94
6	Kevin Rego	14	Melbourne, FL	456	7:47	24:11.63
7	Matt Scardino	13	Unknown, NA	509	7:52	24:28.20
8	Chris Boyle	14	Unknown, NA	512	8:00	24:53.96
9	Alex Duschl	14	Unknown, NA	514	8:26	26:13.63
10	Johnny Bohne	12	Unknown, NA	556	8:33	26:34.61
11	Noah Davis	12	W. Melbourne, FL	396	8:34	26:39.19
12	Bryce Parker	14	Melbourne, FL	492	8:42	27:04.70
13	Devon Miles	14	Unknown, NA	507	10:15	31:51.47
14	Victor Lowe	12	Melbourne, FL	486	11:16	35:02.81

15	George Downey	12	Melbourne, FL	477	12:31	38:55.63
15 to 19						
1	James Stern	16	Melbourne, FL	545	5:20	16:36.91
2	Barry Quinn	19	Melbourne, FL	351	5:22	16:42.41
3	Nicholas Arjoon	16	Palm Bay, FL	476	5:22	16:43.86
4	Jeremiah Salois	18	Palm Bay, FL	489	5:23	16:44.71
5	David Kilgore	16	Palm Bay, FL	445	5:23	16:46.66
6	Tyler Truitt	17	Unknown, NA	535	5:26	16:55.80
7	Tommy Taurasi	16	Titusville, FL	468	5:31	17:10.24
8	Jonathan Brasch	18	Rockledge, FL	523	5:32	17:12.01
9	Charles Ballou	17	Malabar, FL	372	5:43	17:46.89
10	Jonathon Brown	16	Merritt Island, FL	407	5:43	17:47.83
11	Justin Bishop	17	Palm Bay, FL	483	5:56	18:28.20
12	Joshua Friston	18	Palm Bay, FL	394	6:20	19:43.04
13	Mitchell Colvin	17	Titusville, FL	443	6:23	19:50.47
14	Justin Phillips	16	Port St. John, FL	377	6:23	19:51.46
15	Josh Motta	16	Merritt Island, FL	497	6:44	20:57.69
16	Mike Silva	18	Merritt Island, FL	464	6:58	21:39.64
17	Cody Truitt	16	Unknown, NA	536	7:27	23:09.01
18	Mike Simpson	19	Unknown, NA	534	8:11	25:26.13
19	Nicholas McNamara	16	Melbourne, FL	370	8:37	26:48.60
20	Patrick Dier	19	Unknown, NA	531	8:47	27:19.56
21	Kevin Dier	15	Unknown, NA	533	9:37	29:54.21
22	Trent Hunter	15	Melbourne, FL	358	12:06	37:37.83
20 to 29						
1	Nick Kivit	28	Unknown, NA	555	5:59	18:36.03
2	Donnie McCammon	28	Indialantic, FL	387	6:13	19:21.20
3	Kevin Bird	20	Rockledge, FL	391	7:06	22:06.67
4	Steve Kopman	29	Melbourne, FL	543	8:56	27:45.43
5	Samuel Weirich	28	Unknown, NA	551	10:15	31:51.12
6	Jason Reid	29	Unknown, NA	537	12:45	39:39.91
30 to 39						
1	John Davis	30	W. Melbourne, FL	395	5:41	17:40.63
2	Jonathon Campbell	31	Rockledge, FL	357	5:58	18:34.24
3	Thomas Jenkins	37	Melbourne, FL	439	7:02	21:53.70
4	B.J. Graham	31	Unknown, NA	526	8:22	26:00.66
5	Ray Barnwell	30	Palm Bay, FL	453	8:27	26:15.64

6	Kevin Terry	32	Palm Bay, FL	457	8:45	27:13.62
7	Chad Risch	35	W. Melbourne, FL	431	8:52	27:33.70
8	Hugh Bain	37	Melbourne, FL	454	9:01	28:03.29
9	Todd Whitney	39	Melbourne, FL	374	10:00	31:06.27
10	Eric McCarthy	32	Unknown, NA	521	10:23	32:17.62
11	John Hannah	33	Palm Bay, FL	539	10:39	33:05.04
12	Mike Weiss	37	Rockledge, FL	354	10:55	33:56.72
40 to 49						
1	Art Anderson	48	Melbourne, FL	558	5:59	18:37.02
2	Tim Funke	49	Melbourne, FL	568	6:23	19:52.91
3	Kurt Holst	46	Cocoa Beach, FL	413	6:25	19:56.97
4	Steve Karpacs	45	Unknown, NA	566	6:32	20:19.22
5	Tim Green	49	Rockledge, FL	422	6:38	20:39.92
6	Frank Miller	43	Unknown, NA	541	6:44	20:55.99
7	Shawn Wilson	42	Palm Bay, FL	560	6:58	21:40.85
8	Butch White	48	Unknown, NA	529	7:10	22:17.44
9	Larry Wilcox	42	Melbourne, FL	417	8:00	24:51.26
10	Steve Duschl	43	Unknown, NA	515	8:01	24:57.08
11	Rick Vaupel	46	Melbourne, FL	557	8:02	24:59.01
12	Steve Osmer	45	Satellite Beach, FL	450	8:58	27:53.21
13	Dan Wills	44	Indialantic, FL	375	8:59	27:56.13
14	Gary Meier	49	Rockledge, FL	402	9:10	28:29.31
15	Bill McLamb	44	Satellite Beach, FL	390	9:10	28:29.92
16	Dean Murphy	41	Unknown, NA	554	9:21	29:05.03
17	Donald Gross	45	Melbourne, FL	363	13:36	42:15.93
50 +						
1	Frank Norris	52	Titusville, FL	399	6:46	21:04.24
2	Jerry Bird	53	Rockledge, FL	498	6:54	21:26.92
3	Michael Slomins	52	Melbourne, FL	448	7:02	21:51.78
4	Dennis Delman	50	W. Melbourne, FL	502	7:07	22:08.00
5	Ed Ruby	65	Ft. Pierce, FL	522	7:31	23:22.78
6	Jeffrey Fawcett	53	Melbourne, FL	500	7:32	23:26.76
7	R Morris	56	Unknown, NA	524	7:38	23:44.41
8	George McAfee	65	Melbourne, FL	408	7:43	24:01.01
9	Terry Hayden	60	Titusville, FL	355	7:47	24:12.74
10	Laumhy Pacelli	56	Unknown, NA	569	7:50	24:20.90
11	Tim Pancake	63	Unknown, NA	547	8:34	26:37.64
12	David Huss	51	Merritt Island, FL	367	9:13	28:39.61

13	Ken Flieder	50	Cocoa, FL	459	10:40	33:08.57
14	Robert Bruckart	56	Melbourne, FL	438	12:27	38:42.54
15	Raymond Parish	61	Melbourne, FL	465	12:45	39:39.60
16	K.Dewey Bishop	51	Palm Bay, FL	481	15:53	49:21.12